

**READINGS FOR SUNDAY 2ND NOVEMBER
4TH SUNDAY BEFORE ADVENT**

Daniel 7.1-3; 15-18 Ephesians 1.11-end Luke 6.20-31

READINGS FOR THURSDAY 6TH NOVEMBER

Romans 14.7-12 Psalm 27.14-end Luke 15.1-10

**READINGS FOR SUNDAY 9TH NOVEMBER
3RD SUNDAY BEFORE ADVENT**

Job 19.23-27a 2 Thessalonians 2.1-5; 13-end Luke 20.27-38

READINGS FOR THURSDAY 13TH NOVEMBER

Philemon 7-20 Psalm 119.89-96 or 146.4-end Luke 17.20-25

**READINGS FOR SUNDAY 16TH NOVEMBER
2ND SUNDAY BEFORE ADVENT**

Malachi 4.1-2a 2 Thessalonians 3.6-13 Luke 21. 5-19

READINGS FOR THURSDAY 20TH NOVEMBER

Revelation 5.1-10 Psalm 129 or 149.1-5 Luke 19.41-44

**READINGS FOR SUNDAY 23RD NOVEMBER
SUNDAY NEXT BEFORE ADVENT**

Jeremiah 23.1-6 Colossians 1.11-20 Luke 23.33-43

READINGS FOR THURSDAY 27TH NOVEMBER

Daniel 6.12-end Psalm 125 Luke 21.20-28

READINGS FOR SUNDAY 30TH NOVEMBER

Isaiah 2.1-5 Romans 13.11-end Matthew 24.36-44



 **St Andrew's Rushmere Focus**
2nd November - 29th November

SERVICE OF MEMORIES



Sunday, 2nd November at 3pm

Please bring friends and family members with you. If you wish for the name of a departed loved one to be remembered during the service please add their name to the list in church.

REMEMBRANCE 2025

Remembrance Sunday - 9th November 2025:

10.30am at St Andrew's Church Remembrance service with uniformed organisations.



Armistice Day - Tuesday 11th November 2025:

10.45am Civic Service of Remembrance held by the WWI memorial in St Andrew's Churchyard. Wartime songs by Annika Rands and refreshments in church hall after service. All welcome!

RTU (REACHING THE UNREACHED) ANNUAL SALE 2025

Friday, 21st November 10am - 2pm; and Saturday, 22nd November 10am - 12noon

In St Andrew's Church and Church Hall. Coffee/tea plus Ploughman's lunch on Friday and Bacon Butties on Saturday morning.

Sale of new and as new items including Books, jigsaws, games, toiletries, scarves, craft materials, stationery, cakes and preserves, tombola and raffle. If you have any items to donate please bring them to church before the day.

All proceeds will continue to provide much needed help for RTU in Tamil Nadu, Registered Charity No.1091295



FIND PRAYER BREAKFAST - SATURDAY 29TH NOVEMBER 8.30 TO 10AM



Free and all very welcome to enjoy a good breakfast, listen to an engaging talk about the essential work of Families in Need (FIND) in our local community of Ipswich. If you wish, stay for prayers in support of this charity's work, it's staff, volunteers and those it helps and gives hope to.

FIND - CHARITY FOR NOVEMBER & DECEMBER. CHRISTMAS APPEAL



It is time again when we support our local charity at Christmas. It will follow the same format as before, collecting a label from the festive tree, getting your donation and bring it to church. If possible in a festive bag would be lovely before the last collection day. Maureen requested supermarket Vouchers to the value of £10.00 upwards with accompanying receipts. Shops - Sainsbury, Aldi, Tesco, M&S, Primark or any toy stores. Other acceptable gifts, tubs or tins of biscuits, chocolates, sweets and cakes.

The Christmas Tree will be in Church from **23rd of November to 14th December** the last day of collecting, to get the delivery out on time. Gloria.

CHURCH CHOIR



We shall shortly be choosing two or three carols for the choir to sing at the Annual Christmas Carol Service. If you enjoy singing, why not come and join us. Singing carols is great fun, and who knows, you might feel able to help us on other occasions when we are short of numbers. Chris Yule.



ST ANDREW'S MOTHERS' UNION

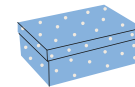
In October we had Lynne Mortimer who was Mayor of Ipswich in 2023 to talk to us - she is an amazing speaker and had us all laughing most of the afternoon! On St Luke's Day 4 of us went to St Felix Church Rendlesham for a very lovely service of Praise, Prayer and Healing.



On Wednesday, 19th November we are going to make Christmas cards for prisoners in Suffolk prisons. Someone from the MU is coming to help us - I think it just involves glueing pictures from last years' cards onto pre-prepared cards so we should manage to do that! There will be plenty of opportunity for Chat and Fellowship as it will be a relaxed afternoon.- an ideal time for newcomers to join us!

We have now packed and delivered to Lighthouse (the Women's Refuge) 18 'New Home' gifts consisting of a washing up bowl filled with cleaning items. Many thanks to all those who have contributed items.

The next project is the Shoeboxes for Samaritan's Purse to go to children who never get any presents. We are filling the boxes on Wednesday November 5th from 2pm onwards -there will be a cup of tea and a biscuit! We still need more items for the boxes and also we try to send £5 with each box to cover transport costs so any contributions are gratefully received. A warm welcome is always there for anyone who would like to join us.



Coins

Our Charity of last month MAF has 2 unusual ways of raising money for their very vital work. One is to collect coins - any coins of any currency in the world, or old UK coins, can be turned into money for their work. I'm sure paper money is also useful. Many of us have coins left over from holidays or sitting in a drawer or a pot somewhere.. If you find any coins please bring them along to church and I will make sure they get sent to MAF.

The 2nd request is for postcards - new or used - there will be a box in the Foyer to put them in. Collecting Postcards is a very popular hobby and you would be amazed what people will buy! Again many of us have postcards tucked away in a desk or drawer so please have a look around and bring them along to help the work of MAF.

Thank you very much. Tricia Tyler.



GREEN TIPS FOR NOVEMBER

Green Tip – 2nd November

Time, perhaps to think about the basics – toilet paper. Are you still buying toilet paper which is wrapped in plastic and is made from new wood pulp? The UK fells an estimated 7 million trees every year to make toilet tissue. You can bulk buy online toilet paper made from recycled paper and wrapped in paper rather than plastic, such as Soft on Nature.



Green Tip – 9th November

Showers are much better for the planet than baths, but do you have a water - saving showerhead? These shower heads work by restricting the volume of water that they allow to flow through them. Newer models can reduce the volume of water used by half, (30lts on average rather than 60lts) but still provide an enjoyable showering experience!



Green Tip 16th November

Apparently, the average shower lasts 8 minutes! Most of us can wash ourselves thoroughly in half that time. Save water and fuel with a four minute shower. A shower timer might be a good investment – particularly if you have adolescents in the house!



Green Tip 23rd November

When having a shower, what you wash with is a matter of personal preference. Environmentally bars of soap in cardboard boxes are probably the best, but if you like shower gel then do find a refill shop which sells a shower gel you like. That way you can enjoy your shower without feeling guilty about the plastic bottle which contains your shower gel! Shampoo and conditioner bars are also a good idea and avoid the use of plastic. However, if you don't get on with these, then do use a refill shop for your shampoo and conditioner.



Green Tip 30th November

If you find you have to run the tap for a while to get hot water, then why not use the water to fill a small watering can and instead of wasting the water you can water your houseplants. Of course, this is not a good idea if you have a water softener as the salt could damage the plants.

With thanks to Richard Stainer,
Environmental Adviser for this advice. Ruth. Eco Church lead.



MISSION AVIATION FELLOWSHIP PRAYER

BREAKFAST 27TH SEPTEMBER – REPORT



Giving help, hope, and healing. MAF reach isolated people transporting supplies for schools, churches, and hospitals. Their planes act as an ambulance and mobile pharmacy, helping combat malaria (particularly cases of children under 5) and spread the word of God. Giving help, hope, and healing. Formed in 1945 with a small group of pilots helping people in need, it now functions in South Asia, Africa, Australia, Canada and America. MAF has 116 aircraft with a flight taking off or landing every 5.6 minutes. They support around 1400 partner organisations in 24 countries worldwide providing air transport. 'Hope has wings' by Stuart King is a great book about the work and history of MAF, or visit their website (www.maf-uk.org), to find out more.

After breakfast came a fascinating and informative talk and film, followed by prayers for: the current MAF team and future staff in training and funding for their training; the success of the Reach Out Missions Conference; the support of MAF Technologies providing vehicles and air transport; pilot candidates in South Africa; co-pilots training trip from Sweden to Kenya; maintenance support staff in Tanzania; a new programme in Chad; a float plane on Lake Victoria, Uganda; new housing and school compound in South Sudan; a leprosy project in Macenta, Guinea; and the Lesotho Mountain Discipleship team.

MAF's work and projects are Christian Love in action – please continue to support them through prayer, talking about their work with others and donating.

Thanks, Mission and Giving Panel.

The **RTU Prayer breakfast** was on 25th October – report in next Focus



WAYS OF GIVING

We are very blessed to have a most generous congregation who give freely of their time, talents, energy, compassion, hospitality; and also their financial giving – for ease of which we have many ways:-

- 1) Standing Orders.
- 2) Inter-bank transfers.
- 3) Collection plate at each Sunday service.
- 4) Pre-numbered weekly brown envelopes.
- 5) Contactless terminals for debit & credit cards.
- 6) Cheques (payable to: PCC St Andrew Rushmere).
- 7) White pre-printed envelopes for 1-off Gift-aided donations, which need to be signed & dated, and with all the required information.
- 8) The "DONATE NOW" button on the Home page of our website <https://standrewschurchrushmere.onesuffolk.net>
- 9) Our QR code printed above, scanned by a mobile phone camera and connecting to the Give-a-Little page linked to our website.
- 10) Donations via CAF Bank or Stewardship Organisation accounts. Gift Aid can also be claimed by our Church, adding a further 25% at no extra cost to givers, so long as they pay sufficient Income Tax (or Capital Gains Tax) in the current tax-year to cover their donations.



If you have any queries please ask a Warden, or our Treasurer Chris - Standing Order and Gift Aid forms are available from him.

Thank you so much for your continuing generosity to our Church.

Rev'd. Alan and
Chris Gibson.



Deadline for next Focus edition is Saturday, 24th November 2025. Please email items to standrewr@proton.me or phone Sylvia on 07891820803.



INSPIRE COUNSELLING WORKSHOP UNDERSTANDING AND WORKING WITH RELATIONSHIPS AND FAMILY DYNAMICS



Inspire Counselling are running a day workshop on Friday, 28th November in the Church Hall from 9am - 4pm. The topic is understanding relationships and family dynamics, facilitated by Dr Jan Fish, an accredited counsellor, supervisor and trainer at certificate, degree and postgraduate level. The day is suitable for students, and qualified counsellors, supervisors, ministers and church leaders, pastoral & youth workers, teachers & teaching assistants together with anyone with an interest in working with families.

The cost is £90 per person or £70 per person for students and those working for charities, churches and the NHS. Cost includes refreshments. Please bring packed lunch. Contact Inspire on 01473 217694 or email contact@inspirecounselling.org.uk for more information.

MESSY CHURCH

4-5.30pm in Dumbarton Hall

Saturday 22nd November



Messy Church full of joy, fun and musical energy with crafts and food for all the family! Free entrance! All welcome. Children must bring an adult. For more information email alan.comfort11@gmail.com.

ST ANDREWS DAY PATRONAL FESTIVAL

Saturday, 29th November at 7pm in the Church Hall

£10 per head, to include entertainment and a Fish and Chip (or jacket potato) supper.

Murder Mystery Evening: an enormous thank you for all who attended, acted and organised this highly enjoyable evening. We raised £835 to support the work of our CMS Mission Partners. Thank you! The PCC Mission & Giving Panel.