

**Readings for Sunday 2<sup>nd</sup> June**  
**The First Sunday after Trinity**

2 Corinthians 4:5-12 Mark 2:23-3:6

**Readings for Thursday 6<sup>th</sup> June**

2 Timothy 2:8-15 Psalm 25:4-12 Mark 12:28-34

**Readings for Sunday 9<sup>th</sup> June**

**The Second Sunday after Trinity**

1 Samuel 8:4-11, (12-15), 16-20 2 Corinthians 4:13-5:1  
Mark 3:20-end

**Readings for Thursday 13<sup>th</sup> June**

1 Kings 18:41-end Psalm 65:8-end Matthew 5:20-26

**Readings for Sunday 16<sup>th</sup> June**

**The Third Sunday after Trinity**

1 Samuel 15:34-16:13 2 Corinthians 5:6-10, (11-13), 14-17  
Mark 4:26-34

**Readings for Thursday 20<sup>th</sup> June**

Ecclesiasticus 48:1-14, or Isaiah 63:7-9 Psalm 97:1-8  
Matthew 6:7-15

**Readings for Sunday 23<sup>rd</sup> June**

**The Fourth Sunday after Trinity**

1 Samuel 17: 32-49 2 Corinthians 6:1-13 Mark 4:35-end

**Readings for Thursday 27<sup>th</sup> June**

2 Kings 24:8-17 Psalm 79:1-9, 12 Matthew 7:21-end



**St Andrew's Rushmere**

**Focus for Weeks**  
**2<sup>nd</sup> - 29<sup>th</sup> June**



The next **United Service**  
is **Sunday 2<sup>nd</sup> June 6.30pm**

At St Michael & All Angels, Martlesham Heath

# Mini Alpha

**Tuesday nights in St Andrew's Church Hall**  
**11<sup>th</sup>, 18<sup>th</sup> & 25<sup>th</sup> June at 7.30pm**

Is now the right time to think through some of the big questions of life, and to work out why Jesus is so important to Christians?

No pressure and no question too silly.

Mini-Alpha is just three sessions on Tuesday nights.

To find out more, or to book a place  
email: [alancomfort@gmail.com](mailto:alancomfort@gmail.com)



**Monday Prayers** A time of coming together to pray for the church and parish from 4.30 – 5pm every Monday in church. All are welcome. 'Devote yourselves to prayer, being watchful and thankful' Col 4:2



**Saturday 8th June Coffee morning**  
**in church hall 10-11.30am**

Refreshments with home made scones, bring and buy, raffle, plant and produce stall, donations welcome.





**Messy Sports Sundays**  
**3 – 4.30pm at Dumbarton Hall**  
**23<sup>rd</sup> & 30<sup>th</sup> June, 7<sup>th</sup> & 14<sup>th</sup> July**



The Euros are here! Why not come to our Messy Sports at Dumbarton Hall as England's men strive to equal the success of the

Lionesses in 2022. For boys and girls ages 3-14, team games, football skills, fun matches and other sports.

All abilities welcome, followed by tea for all the family.

Cost – FREE!

For more information, or to let us know you are coming; email [alancomfort11@gmail.com](mailto:alancomfort11@gmail.com)

### Informal Worship Time

**Sunday 16<sup>th</sup> June 3pm – 4.30pm at Dumbarton Hall**

Worship with a more contemporary flavour, overhead screen and time to enjoy being in God's presence. All welcome with a relaxed children's table for families with tea and cake to follow.

Want to know more? Speak to Revd Alan 01473 270976, or Jim Ainslie 01473 720618

### Christian Aid – Charity of the Month for May

Many thanks for your generous donations to Christian Aid. With Gift Aid we raised £1,077.

A huge help to people like Aline on the brink of survival.

Dianne and Tim



### Ipswich in Prayer

**June Prayer Breakfast Saturday 22<sup>nd</sup> June 7.30 – 9am**  
**Colchester Road Baptist Church, Colchester Rd, IP4 4ST**

Come and pray for the whole of Ipswich and around.

Please email: [prayer@ipswichinprayer.co.uk](mailto:prayer@ipswichinprayer.co.uk) if you can come and for any dietary requirements.

### Ipswich Chamber Choir Jazz & Cake Concert at St Andrew's

**8<sup>th</sup> June 4-5pm. With Matthew Jorysz on piano and Ashley Harries on Double Bass**

Come and enjoy a lively summer concert followed by a buffet tea to celebrate the start of ICC's 40<sup>th</sup> Anniversary Year. We begin with a tuneful Jazz Mass, followed by arrangements of Jazz Standards, inc. Bye Bye Blackbird, Hello Mary Lou, s'Wonderful and the ever popular Summertime.

There is wine and soft drinks from 3.30pm, (we ask for donations please), to get us in a relaxed mood. Tickets for concert and tea £15, Students £5, (Under 18s free), from choir members, or on the door.

Details/tickets [ipswichchamberchoir.org.uk](http://ipswichchamberchoir.org.uk)

We hope you'll join us!

### St Andrew's Mothers' Union

Thank you to everyone who joined us at our May meeting. A special thanks to Jill Comfort, who despite having a cold and sore throat, gave us a wonderful and very inspiring talk about her work with 'in-care' children and her Christian faith. The famed MU tea was much enjoyed by all who came!



In June we have our meeting on Wednesday 19<sup>th</sup> at 2.30pm. We have a speaker from 'Family 1<sup>st</sup>', which is a Christian Charity working with families. As usual we welcome anyone who would like to come and join us.

**Knit and Natter** continues; June 5<sup>th</sup> 2-4pm.



The new initiative of the Chair exercise group is going well. We have 3 more sessions before the summer break; June 12<sup>th</sup> and 26<sup>th</sup> and July 10<sup>th</sup>. If anyone else would like to join us please ask for a Health Questionnaire to complete before coming. Ask either Tricia, or Sue Scotchmere about the group.

I can't believe it is almost 5 years since we moved from Humber Doucy Lane to Buckinghamshire, and a fortnight ago I managed to come back at last to visit Rushmere.

It was lovely to be back in Ipswich again, (42 years, which were an important part of my life leaving a lot of memories), I'm afraid I didn't manage to catch up with everyone. Friday afternoon and Saturday were hectic. I think I should have been wearing a T-shirt saying 'Sorry I'm Late', as I dashed from one house to another, trying to catch up with news!

I was lucky as I was able to join the dinner party at church with so many familiar faces and beautiful music, plus delicious food! Sunday was full of joy too, starting with the 8am service, followed by breakfast, then a wander round the churchyard with its memories, while listening to the bells, was very special. Coffee after the 10am service brought more happy meetings and managed a quick visit to see our old house before having to leave. Thank you for such a wonderful weekend. Coming back to Rushmere was such an important thing for me to do – I arrived home absolutely exhausted, both physically and emotionally! Our growing family meant the move to Buckinghamshire was right for us and we are very happy in a friendly, supportive village. We have a lovely house and garden, surrounded by beautiful trees, but life moves on for us all and obviously there are people and things that we miss.

When we left in 2019, you were very kind and gave us some garden tokens. It wasn't until last summer that we found the weeping acer we wanted. I am happy to say it has survived it's first winter and is now looking very settled, so thank you very much indeed. We will enjoy watching it grow and it will remind us of all our happy years in the Rushmere community.

With love and best wishes. Beryl Jones

The next Focus is **30<sup>th</sup> June - 27<sup>th</sup> July**  
Please email items to: [standrewr@proton.me](mailto:standrewr@proton.me)  
or phone Claire 01473 623419, or 07971 334142  
**By 9pm Monday 24<sup>th</sup> June**

### Ipswich 24/7 Prayer Room

Many of you may have heard about the 24/7 Prayer Room, which took place all through Lent – 24 hours a day – 7 days a week. People from many churches in Ipswich joined in and we are delighted that it is going to continue until at least the end of 2024.

The 24/7 Prayer Movement began in 1999 and now happening in more than half the nations on earth. How it all began is told in Pete Greig's book 'Red Moon Rising', well worth a read; he describes how it all began "accidentally". The first edition ends with a Bible quotation from Ephesians 3:20; 'He (God) is able to do immeasurably more than all we ask, or imagine, according to His power that is at work within us'.

The Ipswich Prayer Room is in the Church Hall of Holy Trinity Church, the lower end of Back Hamlet, with some parking in the churchyard. The Church Hall is round the back of the church accessed with a key in a key safe. When a time slot is booked online a text message is sent with the key safe code and other relevant information needed. Look up Ipswich 24/7 prayer room to access the sign-in page. Give it a try – I don't think you will regret it! Tricia Tyler



**The next Prayer Breakfast  
is on Saturday 29<sup>th</sup> June  
8.30 – 10.00am  
in the Parish Room**



### Ways of Giving

We are very blessed to have a most generous congregation who give freely of themselves and also their financial resources. For this we are extremely grateful and we have many different ways to make giving as easy as possible.

Also, we can claim Gift Aid, increasing each donation by a further 25% at no extra cost to the giver, so long as they pay sufficient Income Tax, (or Capital Gains Tax) in the current tax year to cover their donations.

If you wish to know more, please ask a Warden, or Treasurer; Chris, who can supply Standing Order and Gift Aid forms if required.

Thank you very much for your continuing generosity to our Church  
Revd Alan Chris Gibson